

MALADIE DE PARKINSON ET BOXE SANS CONTACT

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PARKINSON

270 000 personnes atteintes



Causes multifactorielles
(Okun et al., 2023)

Mode de vie sédentaire + déconditionnement



Activité physique
(Keus et al., 2014)



(Inoue et al., 2021)

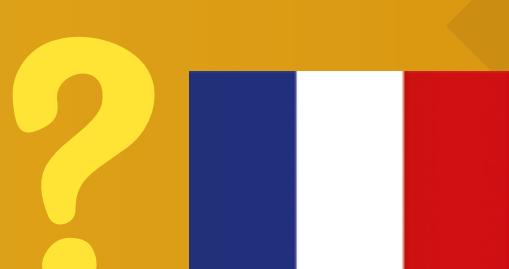
(Bull et al., 2020)

(Li et al., 2012)



BOXE

Boxe sans contact



Effets

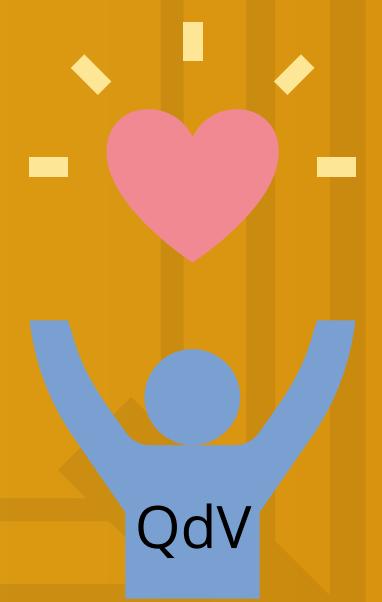


(Combs et al., 2021)



(Sherrington et al., 2017)

(Lin et al., 2024)



QdV



Pourquoi la boxe adaptée est-elle peu développée pour les personnes atteintes de maladie de Parkinson en France, et comment concevoir un programme adapté ?

Entretiens semi-directifs avec 3 professionnels



Psychomotricienne

"rassurés, encadrés et accompagnés"

"en groupe ou individuel"

"crochets intéressants pour croiser l'axe"



Kinésithérapeute

"image négative"

"outil très bon à prendre"

"adaptation à chaque individu"

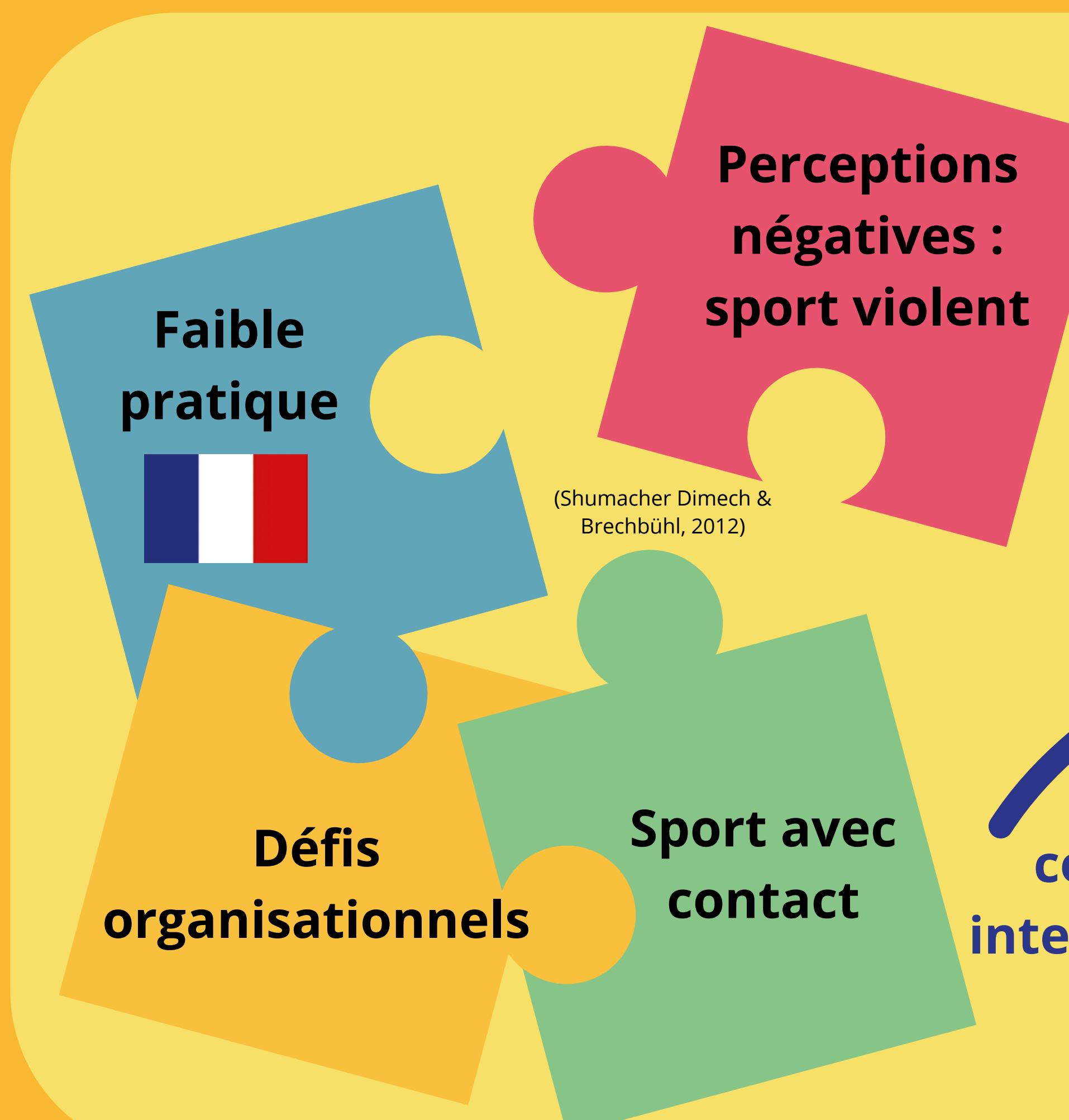


Kinésithérapeute

"organisation"

"attitude de boxe pas adaptée"

"paos intéressants pour la résistance"



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